

K-12 Menu
8.18 – 8.22 , 2025

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
照烧鸡肉 Teriyaki Chicken	肉酱通心粉 Penne Bolognaise	糖醋鱼片 Fried Fish W/Sweet and Sour Sauce	羊肉手抓饭 Lamb Pilaf	炸猪排 Fried Pork Chops
牛肉煎饼 Beef Chimichanga W/Salsa	咖喱鸡肉 Yellow Curry Chicken	黑椒蘑菇牛肉粒 Mushroom and Beef W/Black Pepper Sauce	辣牛肉酱配玉米片 Mexican Beef Sauce W/Nachos	熬鱼 Braised Fish
苣荬鸡蛋黄瓜 Cucumber and Egg	沙拉吧 Salad Bar	土豆条 Roasted Potato Chips	沙拉吧 Salad Bar	干锅菜花 Spicy Cauliflower
土豆角 Potato Wedge	黄油时蔬 Sauteed Vegetables in Butter	西红柿鸡蛋 Fried Egg and Tomato	面筋白菜 Fried gluten and Chinese Cabbage	家常豆腐 Fried Tofu
鱼香茄子 SiChuan Eggplant	南瓜青豆 Pumpkin Green Bean	清炒圆白菜 Fried Cabbage	西蓝花胡萝卜 Broccoli and Carrot	布朗尼 Brownie
奶油南瓜汤 Creamed Pumpkin Soup	意大利蔬菜汤 Minestrone Soup	紫菜蛋花汤 Seaweed and Egg Soup	奶油菜花汤 Creamed Cauliflower Soup	绿豆汤 Mung Bean Soup

K-2 加餐菜单 Snack Menu

8.18 - 8.22 , 2025

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
蛋糕卷;牛奶 猕猴桃;哈密瓜 Cake Roll Milk Kiwifruit Hami melon	牛角包;酸奶 蓝莓;水蜜桃 Croissant Yoghurt Blueberry Honey Peach	面包圈;豆奶 葡萄;香蕉 Donut Soymilk Grape Banana	胡萝卜蛋糕;酸奶 西瓜;酥梨 Carrot Cake Yoghurt Watermelon Pear	巧克力挞;牛奶 火龙果;沃柑 Chocolate Tart Milk Dragon Fruit Orange