

K-12 Menu
10.7 – 10.10, 2025

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
	肉酱芝士通心粉 Penne Bolognaise	烤鸡腿肉配黑胡椒汁 Roast Chicken W/Black Pepper Sauce	肉龙 Steamed Rolls W/Meat Inside	奥尔良烤鸡腿 Orleans Roast Chicken
	炸鱼条配塔塔汁 Fried Fish Strips W/Tartar Sauce	烤包子（羊肉） Roasted Bao Zi(Mutton)	蚝油牛柳 Beef Fillet in Oyster Sauce	罗勒鱼块通心粉 Basil Fish Cubes Macaroni
	沙拉吧 Salad Bar	土豆泥 Mashed Potato	蒜蓉粉丝娃娃菜 Steamed Baby Cabbage with Garlic Sauce	沙拉吧 Salad Bar
	西红柿鸡蛋 Fried Egg and Tomato	西兰花胡萝卜条 Broccoli and Carrot	香草焗南瓜 Baked Pumpkin W/Vanilla	酱汁杏鲍菇 Mushroom in Sauce
	酱爆洋白菜 Stir-Fried Cabbage w/Salty Sauce	鱼香茄子 SiChuan Eggplant	胡萝卜蛋糕 Carrot Cake	黄油时蔬 Sauteed Vegetables in Butter
	奶油南瓜汤 Creamy Pumpkin Soup	番茄蛋花汤 Tomato and Egg Soup	红豆粥 Red Bean Porridge	匈牙利牛肉汤 Hungary Beef Soup

K-2 加餐菜单 Snack Menu
10.7 - 10.10 , 2025

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
	蛋挞;酸奶 葡萄;哈密瓜 Egg Tart Yoghurt Grapes Hami melon	燕麦棒;豆奶 苹果;西瓜 Oat Bar Soymilk Apple Watermelon	玛芬;酸奶 水果玉米;绿瓜 Muffin Yoghurt Sweet Corn Hamimelon	布朗尼;牛奶 黄桃;酥梨 Brownies Milk Peach Pear