

K-12 Menu

3. 23-3. 26 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
宫保鸡丁 Kung Pao Chicken	意大利肉酱面 Spaghetti Bolognese	照烧猪肉 Teriyaki Pork	肉酱通心粉 Penne Bolognese	
牛肉煎饼 Beef Chimichanga with Salsa	椒盐鱼片 Pan-Fried Fish Fillet with Salt & Pepper	迷迭香烤鸡 Rosemary Roast Chicken	水煮鱼 Fish in Chili Oil	
红薯条 Sweet Potato Fries	沙拉吧 Salad Bar	土豆泥 Mashed Potato	沙拉吧 Salad Bar	
虾皮小白菜 Sautéed Bok Choy with Dried Shrimps	蒜蓉粉丝娃娃菜 Steamed Baby Cabbage With Garlic Sauce	西兰花胡萝卜条 Broccoli and Carrot	荷塘小炒 Lotus Pond Stir-Fry	
素炒杏鲍菇 Stir-Fried King Oyster Mushrooms	鸡蛋炒菜笋 Stir-Fried Eggs with Bamboo Shoots	芝士蛋糕 Cheesecake	番茄鸡蛋菜花 Cauliflower and Egg Tomato	
奶油蘑菇汤 Creamy Mushroom Soup	红豆粥 Red Bean Porridge	紫菜鸡蛋汤 Seaweed and Egg Soup	意大利蔬菜汤 Minestrone Soup	

K-2 加餐菜单 Snack Menu
3. 23-3. 26 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

胡萝卜蛋糕;牛奶
哈密瓜;酥梨
Carrot Cake
Milk
Hami Melon
Pear

双色蛋糕;酸奶
苹果;红火龙果
Cake
Yoghurt
Apple
Dragon Fruit

蛋挞;牛奶
哈密瓜;香蕉
Egg Tart
Milk
Hami Melon
Banana

玛芬;酸奶
西瓜;酥梨
Muffin
Yoghurt
Watermelon
Pear