

K-12 Menu

4. 13-4. 17 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
墨西哥鸡肉卷 Mexican Chicken Burrito	肉酱芝士通心粉 Penne Bolognese	孜然羊肉 Cumin Lamb Stir-Fry	牛肉千层面 Beef Lasagna	糖醋鱼片 Sweet and Sour Fish Fillets
冬瓜丸子 Pork Meatballs with Winter Gourd	鱼香肉丝 Sichuan Shredded Pork	意式煎猪排 Pan-fried Pork Chop With Tomato Sauce	韩式炸鸡 Korean Fried Chicken	唐杜里猪肉 Tandoori-Style Pork
蚝油杏鲍菇 King Oyster Mushrooms in Oyster Sauce	烧茄子 Braised Eggplant with Soy Sauce	麻婆豆腐 Mapo Tofu (Stir-Fried Tofu in Hot Sauce)	鸡蛋炒蘑菇 Sautéed Mushrooms with Eggs	黄油时蔬 Sautéed Seasonal Vegetables with Butter
洋葱炒土豆片 Stir-fried Potato Slices with Onion	蒜蓉西兰花 Sautéed Broccoli with Minced Garlic	酱爆洋白菜 Stir-Fried Cabbage in Sweet Bean Sauce	蚝油冬瓜 Winter Gourd with Oyster Sauce	香菇油菜 Shiitake Mushrooms with Bok Choy
番茄鸡蛋菜花 Cauliflower with Egg and Tomato	沙拉吧 Salad Bar	芝士蛋糕 Cheesecake	沙拉吧 Salad Bar	布朗尼 Brownies
绿豆藜麦汤 Mung Bean and Quinoa Soup	奶油南瓜汤 Cream of Pumpkin Soup	番茄鸡蛋汤 Tomato and Egg Soup	大酱汤 Doenjang Soup	酸辣汤 Hot and Sour Soup

K-2 加餐菜单 Snack Menu
4.13-4.17 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

玛芬;牛奶
火龙果;哈密瓜
Muffin
Milk
Dragon Fruit
Hami Melon

芝麻球;酸奶
苹果;西瓜
Sesame Ball
Yogurt
Apple
Watermelon

胡萝卜蛋糕;牛奶
葡萄;哈密瓜
Carrot Cake
Milk
Grapes
Hami Melon

苹果派;酸奶
草莓;酥梨
Apple Pie
Yoghurt
Strawberry
Pear

蛋挞;牛奶
香橙;西瓜
Egg Tart
Milk
Orange
Watermelon