

K-12 Menu

5. 18-5. 22 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
牛肉煎饼 Beef Chimichanga W/Salsa	可乐鸡翅 Chicken Wings W/Cola Sauce	香蒜烤鱼 Garlic Baked Fish	牛肉千层面 Beef Lasagna	椒盐小酥肉 Salt & Pepper Fried Pork
宫爆肉丁 Kung Pao Diced Pork	肉酱芝士通心粉 Penne with Bolognese & Cheese	番茄炖牛肉 Tomato Braised Beef	重庆辣子鸡 Chongqing Spicy Chicken	酸菜鱼 Boiled Fish with Pickled Cabbage
炒合菜 Mixed Stir-Fried Vegetables	彩椒菜心 Stir-Fried Choy Sum With Bell Peppers	圆白菜木耳爆豆腐 Stir-Fried Tofu with Cabbage & Black Fungus	酱汁杏鲍菇 Braised King Oyster Mushroom in Sauce	番茄鸡蛋菜花 Stir-Fried Cauliflower with Tomato & Egg
西蓝花蟹味菇 Stir-Fried Broccoli and Mushrooms	地三鲜 Three Vegetables Delight	腰果西芹 Stir-Fried Celery with Cashews	醋溜白菜 Vinegar Braised Chinese Cabbage	糖醋藕丁 Sweet and Sour Lotus Root Cubes
土豆角 Potato Wedges	面点 Steamed Buns	麦芬 Muffin	面点 Steamed Buns	蛋挞 Egg Tart
奶油南瓜汤 Creamy Pumpkin Soup	山药百合红豆粥 Yam, Lily and Red Bean Porridge	萝卜粉丝汤 Radish and Clear Noodle Soup	意大利蔬菜汤 Minestrone	紫菜鸡蛋汤 Seaweed and Egg Soup

K-2 加餐菜单 Snack Menu
5.18-5.22 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

芝麻球;牛奶
火龙果;哈密瓜
Sesame Ball
Milk
Dragon Fruit
Hami Melon

芝士蛋糕;酸奶
苹果;西瓜
Cheesecake
Yogurt
Apple
Watermelon

司康;牛奶
圣女果;酥梨
Scone
Milk
Cherry Tomato
Pear

鸡肉洋葱圈;酸奶
凤梨;哈密瓜
Chicken Onion
Rings
Yogurt
Pineapple
Hami Melon

法式吐司;牛奶
香橙;西瓜
French Toast
Milk
Orange
Watermelon