

K-12 Menu

6.8-6.11, 2026

Monday 周一	Tuesday 周二	Wednesday 周三	Thursday 周四	Friday 周五
秘鲁烤鸡 Peruvian Roasted Chicken	红烧肉配海带 Braised Pork with Kelp	韩式牛肉 Korean Stir-fried Beef	咖喱猪排 Curry Pork Chop	
中式炒面 Chinese Fried Noodle W/Pork	煎鱼排配奶油芥末籽酱 Pan-Fried Fish Fillet W/Creamy Mustard Seed Sauce	炸莲藕肉丸 Fried Lotus Root Meatballs	意大利肉酱面 Spaghetti Bolognese	
上汤娃娃菜 Baby Chinese Cabbage in Superior Soup	红薯条 Sweet Potato Strips	海鲜蔬菜饼 Seafood and Vegetable Pancake	干锅菜花 Spicy Cauliflower	
鱼香茄子 Sichuan Spicy Eggplant	荷塘小炒 Sautéed Vegetables	番茄鸡蛋菜花 Stir Fried Cauliflower W/Tomato and Egg	虾皮冬瓜 Wax Gourd with Dried Shrimp	
面点 Steamed Buns	麻婆豆腐 Mapo Tofu (Stir-Fried Tofu in Hot Sauce)	芝士蛋糕 Cheesecake	面点 Steamed Buns	
羊肉米粥 Mutton and Rice Porridge	紫菜汤 Seaweed and Egg Soup	海带豆腐汤 Kelp and Tofu Soup	俄式红菜汤 Borscht	

K-2 加餐菜单 Snack Menu
6.8-6.11, 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

香蕉面包;牛奶
火龙果;哈密瓜
Banana Bread
Milk
Dragon Fruit
Hami Melon

布朗尼;酸奶
苹果;西瓜
Brownie
Yogurt
Apple
Watermelon

蛋挞;牛奶
火龙果;哈密瓜
Egg Tart
Milk
Dragon Fruit
Hami Melon

蔓越莓饼干;酸奶
小番茄;酥梨
Cranberry Cookies
Yogurt
Cherry Tomatoes
Pear