

K-12 Menu
8. 10-8. 14 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
墨西哥鸡肉卷 Mexican Chicken Burrito	肉酱芝士通心粉 Bolognese Penne	炸鱼条配塔塔汁 Fish Fingers with Tartar Sauce	牛肉千层面 Beef Lasagna	糖醋鱼片 Sweet & Sour Fish Fillets
韩式牛肉 Korean Beef	鱼香肉丝 Sichuan Yu-Shiang Shredded Pork	龙眼丸子 Braised Pork Meatballs	韩式炸鸡 Korean Crispy Fried Chicken	唐杜里猪肉 Tandoori Pork
蚝油杏鲍菇 King Oyster Mushrooms with Oyster Sauce	烧茄子 Braised Eggplant with Soy Sauce	酱爆洋白菜 Sautéed Cabbage in Brown Sauce	鸡蛋炒蘑菇 Sautéed Mushrooms with Egg	香菇油菜 Shiitake Mushrooms & Bok Choy
椒盐烤土豆块 Roasted Potato Wedges with Salt & Pepper	蒜蓉西兰花 Sautéed Broccoli with Minced Garlic	麻婆豆腐 Mapo Tofu (Spicy Sichuan Tofu)	蚝油冬瓜 Winter Melon with Oyster Sauce	黄油时蔬 Butter Sautéed Mixed Vegetables
番茄鸡蛋菜花 Cauliflower Sautéed with Tomato & Egg	面点 Steamed Buns	芝士蛋糕 Cheese Cake	面点 Steamed Buns	布朗尼 Brownies
银耳小芋圆 Taro Ball & Tremella Sweet Soup	奶油南瓜汤 Creamy Pumpkin Soup	番茄鸡蛋汤 Tomato and Egg Soup	大酱汤 Korean Doenjang Soup	酸辣汤 Hot and Sour Soup

K-2 加餐菜单 Snack Menu

8.10-8.14 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

麦芬;牛奶
火龙果;哈密瓜
Muffin
Milk
Dragon Fruit
Hami Melon

布朗尼;酸奶
苹果;西瓜
Brownie
Yogurt
Apple
Watermelon

蛋挞;牛奶
火龙果;哈密瓜
Egg Tart
Milk
Dragon Fruit
Hami Melon

蔓越莓饼干;酸奶
小番茄;酥梨
Cranberry Cookies
Yogurt
Cherry Tomatoes
Pear

春卷;牛奶
橙子;火龙果
Spring Rolls
Milk
Orange
Dragon Fruit