

K-12 Menu
8. 31-9. 4 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
酱油烤鸡 Roast Chicken W/Soy Sauce	中式炒面 Chinese Stir-Fried Noodles	番茄鸡片 Stir-Fried Chicken Slices W/Tomato Sauce	肉酱芝士蝴蝶面 Bolognese Cheese Pasta	罗勒炸鱼排 Fried Basil Fillet
水煮牛肉 Sliced Beef in Chili Oil	宫爆鱼丁 Kung Pao Fish	奶油芥末猪肉丸 Fried Pork Meatball W/Cream and Mustard Sauce	酱鸭腿 Soy-Braised Duck Leg	红烩牛肉 Braised Beef in Tomato Sauce
蚝油杏鲍菇 Mushroom W/Oyster Sauce	鸡蛋炒西葫芦 Fried Egg and zucchini	玉米西蓝花胡萝卜 Broccoli Carrot and Corn	荷塘小炒 Sauteed Vegetables	土豆条 Roasted Potato Sticks
芝士红薯条 Cheese Sweet Potato Chips	酱爆洋白菜 Stir-Fried Cabbage with Soy-Bean Sauce	西芹炒香菇 Stir-Fried Celery with Shiitake Mushrooms	地三鲜 Stir-Fried Potato, Eggplant & Green Bell Pepper	蒜蓉油菜 Yu Choy with Minced Garlic
蒜蓉青菜 Stir-Fried Bok Choy W/Minced Garlic	面点 Steamed Buns	巧克力麦芬 Chocolate Muffin	面点 Steamed Buns	蚝油冬瓜 Wax Gourd W/Oyster Sauce
奶油蘑菇汤 Creamy Mushroom Soup	黑米粥 Black Rice Porridge	西湖牛肉羹 Beef Soup	番茄鸡蛋汤 Tomato and Egg Soup	红豆粥 Red Bean Porridge

K-2 加餐菜单 Snack Menu

8.31-9.4 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

香芋派;牛奶
酥梨;哈密瓜
Taro Pie
Milk
Pear
Hami Melon

面包圈;酸奶
苹果;火龙果
Donut
Yogurt
Apple
Dragon Fruit

胡萝卜蛋糕;牛奶
哈密瓜;香蕉
Carrot Cake
Milk
Hami Melon
Banana

蛋挞;酸奶
橙子;火龙果
Egg Tart
Yogurt
Orange
Dragon Fruit

玛芬;牛奶
火龙果;西瓜
Muffin
Milk
Dragon Fruit
Watermelon