

K-12 Menu
9.7-9.11 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
炸鱼条 Fried Fish Strips W/Tartar Sauce	千层面 Beef Lasagna	烤包子（羊肉） Roasted Bao Zi (lamb)	黑椒火腿炒意面 Fried Spaghetti W/Ham and Black Pepper	辣子鸡 Spicy Chicken
菠萝古老肉 Fried Chicken and Pineapple W/Sweet and Sour Sauce	泰式烤鸡 Thai Roasted Chicken	虫草花蒸鸡肉 Steamed Chicken With Cordyceps Mushrooms	沙茶咖喱牛腩 Braised Beef Brisket with Satay & Curry	煎鱼排配番茄汁 Fried Fish Fillet W/Tomato Sauce
风味茄子 Crispy Seasoned Eggplant	麻婆豆腐 Mapo Tofu	尖椒豆皮 Stir-Fried Bean Curd W/Chili Peppers	虾皮西葫芦 Fried Shrimp and Zucchini	培根土豆派 Bacon Potato Pie
洋白菜木耳煎豆腐 Fried Tofu and Cabbage W/Black Fungus	玉米胡萝卜西兰花 Broccoli Carrot and Corn	番茄菜花 Cauliflower and Tomato	香干芹菜 Fried Dried Tofu and Celery	菠菜鸡蛋粉丝 Stir-Fried Spinach, Eggs and Vermicelli
牛奶玉米 Corn Boiled in Milk	面点 Steamed Buns	提拉米苏 Tiramisu	面点 Steamed Buns	素炒杏鲍菇 Stir-Fried Mushroom
泰式椰奶汤 Tom Kha Gai	酸辣汤 Hot and Sour Soup	俄式红菜汤 Borscht	羊肉咸粥 Savory Lamb Congee	丝瓜鸡蛋汤 Luffa and Egg Soup

K-2 加餐菜单 Snack Menu
9.7-9.11 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 加餐 Snack

芝士蛋糕;牛奶
酥梨;哈密瓜
Cheesecake
Milk
Pear
Hami Melon

布朗尼;酸奶
苹果;火龙果
Brownie
Yogurt
Apple
Dragon Fruit

苹果派;牛奶
哈密瓜;香蕉
Apple Pie
Milk
Hami Melon
Banana

芝士挞;酸奶
橙子;火龙果
Cheese Tart
Yogurt
Orange
Dragon Fruit

春卷;牛奶
白火龙果;西瓜
Spring Roll
Milk
Dragon Fruit
Watermelon