

K-12 Menu
10.12-10.16 , 2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
辣椒炒肉 Stir-Fried Pork with Chili	烤牛排配黑胡椒汁 Grilled Steak with Black Pepper Sauce	香蒜烤鱼 Fried Fish W/Garlic Bread	龙眼丸子 Braised Pork Meatball	韩式牛肉 Korean Beef
炸鸡排配塔塔汁 Fried Chicken Steak W/TarTar Sauce	奶油培根通心粉 Macaroni W/Cream Bacon	可乐鸡翅 Chicken Wings W/Cola Sauce	中式炒面 Chinese Fried Noodles	韩式炸鸡 Korean Fried Chicken
土豆条 Roasted Potato Chips	黄油时蔬 Sauteed Vegetables in Butter	肉沫鸡蛋羹 Steamed Egg Custard W/Minced Meat	麻婆豆腐 Mapo Tofu (Stir-Fried Tofu in Hot Sauce)	鸡蛋炒西葫芦 Fried Zucchini and Egg
番茄炒菜花 Cauliflower and Tomato	香草焗南瓜 Baked Pumpkin W/Vanilla	菠菜粉丝 Spinach and Glass Noodles	西芹芸豆小番茄 Celery, Kidney beans, Cherrytomato	芝士红薯条 Cheese Sweet Potato Fries
中式点心（桃酥） Chinese Dessert	面点 Steamed Buns	地三鲜 Potato Eggplant Pepper W/Soy Sauce	面点 Steamed Buns	蛋挞 Egg Tart
紫菜蛋花汤 Seaweed and Egg Soup	洋葱汤 Onion Soup	绿豆粥 Mung Bean Porridge	番茄蛋花汤 Tomato and Egg Soup	大酱汤 Doenjang Soup

K-2 加餐菜单 Snack Menu
10.12-10.16 , 2026

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

K - 2 上午加餐 Morning Snack

双色蛋糕;牛奶
酥梨;哈密瓜
Cake
Milk
Pear
Hami Melon

芝士蛋糕;酸奶
苹果;红火龙果
Cheese Cake
Yogurt
Apple
Dragon Fruit

蛋糕卷;牛奶
哈密瓜;香蕉
Cake Roll
Milk
Hami Melon
Banana

饼干;酸奶
橙子;红火龙果
Cookie
Yogurt
Orange
Dragon Fruit

桃酥;牛奶
西瓜;酥梨
Chinese Dessert
Milk
Watermelon
Pear

K 下午加餐 Afternoon Snack

蛋挞
橙子;西瓜
Egg Tart
Orange
Watermelon

苹果派
香蕉;哈密瓜
Apple Pie
Banana
Hami Melon

南瓜饼
蜜桔;火龙果
Pumpkin Pie
Orange
Dragon Fruit

布朗尼
猕猴桃;香蕉
Brownies
Kiwifruit
Banana

香酥鸡块
哈密瓜;香蕉
Chicken Nuggets
Hami Melon
Banana