K-12 Menu
11.2-11.6，2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
青椒肉丝 Fried Green Pepper and Shredded Pork	芝士肉酱通心粉 Penne Bolognaise	牧羊人派 Shepherd's Pie	意大利肉酱面 Spaghetti Bolognese	匈牙利烩牛肉 Hungarian Beef Goulash
烧烤鸡腿 BBQ Chicken	红烧茄盒 Braised Eggplant with Pork	干烧鱼块 Dry-Braised Fish Cubes	炸鸡排配法式汁 Fried Chicken chops with French sauce	椒盐鱼片 Fish Fillet W/Pepper Salt
土豆条 Roasted Potato Chips	麻婆豆腐 Mapo Tofu (Stir-Fried Tofu in Hot Sauce)	鸡蛋炒蘑菇 Fried Egg and Mushroom	木耳奶白菜 Stir-Fried Baby Bok Choy and Black Fungus	黄油时蔬 Sauteed Vegetables in Butter
蒜蓉西兰花 Fried Broccoli W/Minced Garlic	南瓜青豆 Pumpkin and Green Bean	粉丝圆白菜 Fried Cabbage and Vermicelli	番茄鸡蛋菜花 Cauliflower and Egg Tomato	鱼香茄子 Sichuan Eggplant
蚝油冬瓜 Wax Gourd W/Oyster Sauce	面点 Steamed Buns	芝士蛋糕 Cheesecake	面点 Steamed Buns	蛋糕卷 Cake Roll
豆腐鸡蛋菌菇汤 Tofu, Egg, Mushroom Soup	意大利蔬菜汤 Minestrone Soup	奶油南瓜汤 Cream Pumpkin Soup	绿豆粥 Mung Bean Porridge	排骨莲藕玉米汤 Pork Ribs Lotus Root Corn Soup

K-2 加餐菜单 Snack Menu
11.2-11.6，2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
早加餐 Morning Snack				
南瓜饼;牛奶 酥梨;哈密瓜 Pumpkin pie Milk Pear Hami Melon	蛋糕卷;酸奶 蓝莓;白火龙果 Cake Roll Yogurt Blueberry Dragon Fruit	布朗尼;牛奶 苹果;西瓜 Brownie Milk Apple Watermelon	面包圈;牛奶 香蕉;红火龙果 Donut Milk Banana Dragon Fruit	香蕉面包;酸奶 哈密瓜;葡萄 Banana Bread Yogurt Hami Melon Grapes