K-12 Menu
11.16-11.20，2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
龙眼丸子 Braised Pork Meatball	肉酱芝士通心粉 Penne Bolognaise	奥尔良烤鸡 Orleans Roasted Chicken	韩式牛肉 Korean Beef	酱爆鸭片 Braised Duck with Soy Sauce
避风塘鱼块 Garlic Crispy Fish Cubes	炸猪排 Fried Pork Chop	煎鱼排配奶油黑椒汁 Fried Fish Fillet W/Creamy Black Pepper Sauce	重庆辣子鸡 Chongqing Spicy Chicken	牛肉煎饼 Beef Chimichanga W/Salsa
香菇油菜 Stir-Fried Bok Choy with Mushrooms	酸辣角瓜片 Sour & Spicy Zucchini Slices	西红柿鸡蛋 Stir-Fried Egg and Tomato	地三鲜 Potato Eggplant Pepper W/Soy Sauce	苜蓿鸡蛋黄瓜 Fried Egg and Cucumber W/Black Fungus
炸咖喱菜花 Fried Curry Cauliflower	西兰花胡萝卜条 Broccoli and Carrot	香干芹菜 Fried Dried Tofu and Celery	清炒圆白菜 Stir-Fried Cabbage	干锅藕片 Dry Pot Lotus Root Slices
蛋糕卷 Cake Roll	面点 Steamed Buns	青椒土豆丝 Shredded Potato with Green Pepper	蒸贝贝南瓜 Steamed Pumpkin	中式点心 Chinese Dessert
酸辣汤 Hot and Sour Soup	奶油南瓜汤 Cream Pumpkin Soup	绿豆藜麦粥 Mung Bean and Quinoa Porridge	大酱汤 Doenjang Soup	俄式红菜汤 Borscht

K-2 加餐菜单 Snack Menu
11.16-11.20，2026

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
早加餐 Morning Snack				
苹果派;牛奶 酥梨;哈密瓜 Apple Pie Milk Pear Hami Melon	布朗尼;酸奶 蓝莓;白火龙果 Brownie Yogurt Blueberry Dragon Fruit	葡萄干蛋糕;牛奶 苹果;西瓜 Raisin Cake Milk Apple Watermelon	南瓜饼;酸奶 香蕉;红火龙果 Pumpkin Pie Yogurt Banana Dragon Fruit	胡萝卜蛋糕;牛奶 哈密瓜;葡萄 Carrot Cake Milk Hami Melon Grape